

**Redlands Athletics Inc
Awards**

2025/26 Season

Club Awards Criteria

To be considered for any of the following club awards, individual athletes must achieve the minimum qualifying standards as detailed below.

Achieve an attendance rate at Club Competition days of not less than 60%.

Maintain an event participation rate of 75% or greater across the entire season. This standard allows for 1 missed event per week based on a 4 event program.

The club shall provide dispensation to all registered members as having attended a club day in the following circumstances:

- Cancellation of a club day for whatever reason (ie wet weather or oval closure)
- Having competed in a higher level LAQ competition event (ie Summer Carnival or Combined Events).
- Having competed at any QA Shield Meet subject to a maximum of 3 for the season.
- Having competed at any QA/AA State or National Championship event.

Club Awards Criteria (con't)

The following awards are subjected to those conditions on the previous page:

100% Attendance medallions

4 PBS in 1 club day

Age Champion - 1st, 2nd, 3rd in each age group

Personal Best - 1st, 2nd, 3rd in each age group (U6-U13)

Personal Best - 1st, 2nd, 3rd overall from U14-U17 age groups

Junior Personal Best Award

Senior Personal Best Award

Positive Spirit Awards

Redlands Encouragement Award

Best First Year Athlete Award

Coaches Award

Regional Athlete of the Year

State Athlete of the Year

Junior Athlete of the Year

Senior Athlete of the Year

Redlands Little Athletics Award

The Senior and Junior Personal Best Awards are not subjected to the qualifying criteria as they are considered performance awards based on merit. The club assumes the more times an athlete is in attendance the more opportunity to achieve a personal best exists.

**** All Perpetual Trophies are to be decided by the 'Trophy Subcommittee'. The club committee will then vote on these decisions at the next committee meeting.*

Redlands Little Athletics Award

This award is presented to a standout athlete who exemplifies the spirit and values of Little Athletics. Selection is based on a combination of the following criteria:

Commitment and Attendance

- Regular attendance (60%) throughout the season.
- Punctuality and readiness to participate.
- Demonstrates dedication to training and club meets.

Improvement and Effort

- Shows consistent personal improvement in events, regardless of starting ability.
- Always tries their best, even in challenging conditions or events.
- Demonstrates a growth mindset and willingness to learn.

Sportsmanship and Attitude

- Encourages others and celebrates the success of teammates and competitors.
- Shows respect to officials, coaches, volunteers, and fellow athletes.
- Displays positive behaviour on and off the field.

Team Spirit and Club Involvement

- Participates in club activities and team events (e.g. regional relays, regional championships, fundraisers).
- Volunteers when needed or supports younger athletes.
- Represents the club positively at inter-centre or championship events.

Leadership and Role Model Qualities

- Acts as a role model for peers through behaviour, attitude, and effort.
- May mentor or support younger or less experienced athletes.

The award is not performance based, but for the one who best represents the above criteria and the values and spirit of the club.

Positive Spirit Award

Up to four U6-U17 athletes can be awarded the Positive Spirit award who demonstrate the desire to compete and improve their performance over the season with a positive mindset. This is an award presented to athletes who TRY to the best of their ability at all times with enthusiasm and a positive attitude. Athletes being recognised should be acknowledged under a category as the award is presented.

These could include (but are not limited to):

- **Positive Attitude:** competing for the love of the 'Little Athletics' motion with a happy positive attitude. Brings a cheerful, respectful, and helpful spirit to training and competition.
- **Coaching:** Listens to feedback and applies it with enthusiasm and positive attitude
- **Team Work** - recognition of participation at Regional & State Relays, particularly where athletes are asked to participate to make up teams
- **Perseverance** - demonstrating a 'never give up' attitude with a positive mindset
- Improvement through **Persistence** - always trying to improve their performance
- **Resilience** - Acceptance when results fall short of expectations
- **Sportsmanship & Attitude** - cheers and supports fellow competitors, congratulates and celebrates the success of teammates and competitors, and encouragement of others.

Senior Personal Best Award

The award is presented to one boy and one girl in the U9 to U17 age groups who achieve the most personal best performances for the season.

Junior Personal Best Award

The award is presented to one boy and one girl in the U6 to U8 age groups who achieve the most personal best performances for the season.

Redlands Encouragement Award

This award is awarded to 1 boy and 1 girl from the U6-U17 age groups who has consistently demonstrates outstanding effort and attendance at training and at club competition, displays dedication to the club by competing at regional relays and regional championships, shows enthusiasm, and displays improvement throughout the season, regardless of competitive success.

Recipients of this encouragement award should not be a recipient of any other perpetual award or age champion/PB trophy.

Selection is based on a combination of the following criteria:

- **Consistent Effort:** Always tries their best, regardless of event or result.
- **Positive Attitude:** Brings a cheerful, respectful, and helpful spirit to training and competition.
- **Noticeable Improvement:** Shows personal development or significant progress in technique or performance.
- **Team Spirit:** Supports peers, encourages others, and shows good sportsmanship.
- **Resilience:** Overcomes challenges (e.g., injuries, setbacks, nerves) and keeps participating.
- **Participation** - recognition of their attendance at all centre and regional competitions

Coaches Award

This award is determined by the clubs coaching group and is awarded to one boy and one girl who in the view of our coaches achieves a high attendance level at training sessions, trains to a high standard and aims for continual improvement across the season through improved performance results and competing at both Regional Relays (nomination acceptable) and Regional Championships.

Best First Year Athlete Award

This award is presented to one boy and one girl who are first time members of the club and the Little Athletics movement.

The award recognises personal growth in their performance and achievement through commitment, dedication and results across the entire season. Athletes must have competed at both Regional Relays and Regional Championships.

Senior Athlete of The Year

This award is presented to one boy or girl from the U13 to U17 age groups.

This award is not a performance based award.

The award is to recognise the importance of our senior athletes not only in personal performance and achievement but in leadership, club support, loyalty and displaying a strong sense of pride at being a member of our club in front at Regionals and LAQ events..

To be considered an athlete must be an active and engaging member on clubs days with fellow athletes, Committee of Management members and patrons in a variety of ways such as but not limited to: voluntarily assisting with event management, set up, pack down, displaying strong leadership skills, self development as an athlete, educating or mentoring fellow athletes and investing in our younger athletes or officiating..

Participation at Regional Relays, Club Carnival and Regional Championships is considered mandatory for this award.

Junior Athlete of The Year

This award is presented to one boy or one girl from the U9 to U12 age groups.

This award is not a performance based award.

The award is to recognise the importance of our junior athletes not only in their personal performance and achievement but in their personal development both as an athlete and as an individual through leadership and support of fellow athletes..

Such a recipient is seen as belonging to our senior leadership group in future years where they will allow their skills to help the next generation of club members

This person shall actively be seen as a proud member of the club demonstrated through active involvement in Regional Relays and Regional Championships.

Promoting and encouraging involvement of fellow athletes into events outside of the club and more importantly achieving the balance between participation and results for themselves and others.

Regional Athlete of the Year

This award is presented to one athlete who competes at both Regional Relays and Regional Championships.

This award is not 100% based on results in terms of qualifying to either State Championship event.

The recipient will have demonstrated a high nomination level of events at both regional events and performed to a high level when compared to their club performances.

At Regional Relays, displaying acceptance & selflessness at team selection and putting the team before themselves.

At both events, through actions and behaviours demonstrating club spirit, sportsmanship and the spirit of competition.

State Athlete of the Year

This award is presented to one athlete only who qualifies to attend both State Relays and State Championships.

Whilst results are considered they are not the determining factor for this award.

In addition to competing in all their events they demonstrate a high level of club spirit through action and behaviour.

They are outgoing and find ways to help fellow club members be their best.

They display a high level of respect towards their fellow competitors through sportsmanship that is evident, visible and unquestionable.

They hold themselves well when performances fall short of expectations.

Are both respectful and appreciative of the work officials provide and readily thank them for their time and effort.

100% Club Attendance Medallions

All U6-U17 athletes who attend 100% of Redlands club competitions in the current season will be awarded a medallion and certificate.

The club shall provide dispensation to all registered members as having attended a club day in the following circumstances:

- Cancellation of a club day for whatever reason (ie wet weather or oval closure)
- Having competed in a higher level LAQ competition event such as the Summer Carnival or LAQ Combined Events carnival.

4PBS in the 1 Redlands Comp day

All U6-U17 athletes' who achieve 4 PBS in the 1 Redlands club competition day will be awarded a small trophy and certificate at presentation day. The criteria of having attended 60% of Redlands competition days, applies to be awarded this trophy