	8.00 am		8.30 am		9.30 am		10.30 am							
U6	Shot put		100		Long Jump		70							Selection of 4 events
	8.00 am		8.30 am		9.30 am		10.30 am		11.30 am					
U7	Long Jump		100		70		Shot put		200					Selection of 4 events
	8.00 am		8.30 am		9.30 am		10.30 am		11.30 am					
U8	100		Shot put		70		Long jump		200					Selection of 4 events
	8.00 am	8.30 am	8.30 am		9.15 am		10.30 am		11.30 am	12.30 pm		1.30 pm	2.30 pm	
U9	100 (H)	100 (F)	Discus		High jump		800		200	200 (F)		60m Hurdles (H)	60m Hurdles (F)	Selection of 5 events
	8.00 am	8.30 am	8.30 am		9.15 am		10.30 am		11.30 am	12.30 pm		1.30 pm	2.30 pm	
U10	100 (H)	100 (F)	Shot put		High jump		800		200	200 (F)		60m Hurdles (H)	60m Hurdles (F)	Selection of 5 events
	8.00 am		8.30 am	9.00 am	9.15 am		10.00 am		11.30 am	12.30 pm	1.00 pm	1.30 pm	2.30 pm	
U11	Shot put		100 (H)	100 (F)	High jump		Discuss		200	200 (F)	800	80m Hurdles (H)	80m Hurdles (F)	Selection of 5 events
	8.30 am		9.00 am	9.30 am	10.00 am		11.00 am	12.00 pm	12.30 pm			1.30 pm	2.30 pm	
U12	800		100 (H)	100 (F)	Long Jump		200 (H)	200 (F)	Shot put			80m Hurdles (H)	80m Hurdles (F)	Selection of 5 events
	8.30 am		9.00 am		9.30am	10.00 am	11.00 am	12.00 pm	12.30 pm			1.30 pm	2.30 pm	
U13	800		Discus		100 (H)	100 (F)	200 (H)	200 (F)	High Jump			80m Hurdles (H)	80m Hurdles (F)	Selection of 5 events
	8.30 am		9.00 am		10.00 am	10.30 am	11.00 am	12.00 pm	12.30 pm			1.30 pm	2.30 pm	
U14	800		Shot put		100 (H)	100 (F)	200 (H)	200 (F)	Long jump			Girls 80m Hurdles / Boys 90m Hurdles (H)	Girls 80m Hurdles / Boys 90m Hurdles (F)	Selection of 5 events
	8.00 am		8.30 am		9.30am	10.00 am	11.00 am					2.00 pm	3.00 pm	
U15	800		High Jump		100 (H)	100 (F)	Shot put					Girls 90m Hurdles / Boys 100 m Hurdles (H)	Girls 90m Hurdles / Boys 100 m Hurdles (F)	Selection of 4 events
	800		8.30 am		9.30am	10.00 am	11.00 am					2.00 pm	3.00 pm	
U16	800		High Jump		100 (H)	100 (F)	Discuss					Girls 90m Hurdles / Boys 100 m Hurdles (H)	Girls 90m Hurdles / Boys 100 m Hurdles (F)	Selection of 4 events
	8.00 am		8.30 am		9.30am	10.00 am	11.00 am					2.00 pm	3.00 pm	
U17	800		High Jump		100 (H)	100 (F)	Shot put					Girls 100m Hurdles / Boys 110 m Hurdles (H)	Girls 100m Hurdles / Boys 110 m Hurdles (F)	Selection of 4 events
						10.00 am	11.00 am							
R/Walkers						60	100							